



HCE Newsbrief

Spring - 2017

A Communication for Bayfield County HCE Members



Cooperative Extension • University of Wisconsin-Extension • PO Box 218 • Washburn, WI 54891
Phone (715) 373-6104 http: www.uwex.edu/ces/cty/bayfield 711 (Wisconsin Relay)

Spring Greetings HCE'rs!

Since we didn't get the snow we needed for the Birkie, I vote for all things "Spring and Fun"! Before we know it, the Easter Bunny will be hopping by and Mother's Day will be here. See, time does fly when you are having fun. Again we have learned that you can't depend on the weather. We had snow all around us but not where we needed it for the ski race.

I spent my usual morning at the Hayward hospital, while my husband received BCG treatment. We were hoping when we got up Friday morning there would have been all the snow that we were promised for the Birkie. However, when I looked outside, there was a definite lack of white. Apparently the models the weathermen were talking about messed up and the many inches of snow we were to have gotten Thursday night into Friday, didn't materialize. It came close, but not close enough!

As I was writing this, the "Powers That Be" were deciding what kind of race would be run, if any. Although it was decided to cancel the actual race, many other things were planned for participants. So, after all is said and done, it's a shame it couldn't be winter while it needed to be.

So, now onto SPRING!! We have many things to celebrate such as the White River Soup & Salad Fundraiser, Northwest Spring District meeting (April), Greetings to the Easter Bunny, White River Scholarship Breakfast (April 23rd), Cable Blood Drive (May 3rd), and Achievement Day (May 11th). So mark your calendars, so you are ready to go!!

And as the temps get warmer and Spring gets nearer, remember these words of wisdom: "*Spring has sprung, the grass is ris', I wonder where the flowers is?*" (Author unknown)

Happy Spring!

Elaine Adams, Cable Area HCE Club

Member of the Year Nominations due April 1!

We are accepting nominations for *HCE Member of the Year*. The nomination forms are due on Apr. 1. A nomination form is included in this newsletter. Please fill in as much information as possible about the nominee. There are so many deserving members, so get those nominations in. For your reference, here is a list of *HCE Members of the Year* since 1992.

1992 - Marge Vrtis	2003 - Celia Duquette
1993 - Minerva Johnson	2004 - No Nominees
1994 - Arlene Makela	2005 - Marietta Schwend
Honorary - Elinor Fuhrman	2006 - Elaine Adams
1995 - Mulcana Fahrner	2008 - Karen Schiebe
1996 - Dorothy Hoyt	2009 - No nomination
1997 - Lenora Kaul	2010 - Jane Benson
1998 - Bev Amundson	2011 - Margaret Tutland
1999 - Hazel Maki	2012 - Nova Kane
2000 - Nancy Hunter	2013 - Barbara Brandis
2001 - Esther Anderson	2014 - Shirley Byrd
2002 - Mary Foss	2015 - Susan Davis
	2016 - No Nominees

Spring Calendar



March

- 1Cable HCE meeting
- 8White River HCE meeting - Delta Town Hall
- 9HCE Lesson Day - Delta, Cancer Prevention
- 12*Daylight Savings Time Begins - **Clocks Spring Forward!***
- 13Bookworms™ White River
- 15Soup and Salad Fundraiser Dinner - 4:30 - 7pm - Delta Town Hall
- 17Happy St. Patrick's Day!
- 20First Day of Spring!!
- 23Bookworms™ Cable
- 25Dairy Breakfast/Farm & Garden Show—Civic Center, Ashland - 8am-1pm
- 27Executive Board Meeting , 10 am, Rustic Roost, Iron River

April

- 1HCE Member of the Year Nominations due in the Extension Office
- 1Scholarship applications due for Ardith McDowell International Scholarship
- 5.....Cable HCE Meeting
- 6Water: Keeping It Clean—Landscaping—Great Lakes Visitor Center—5:30 pm
- 10Bookworms™ Cable
- 12HCE White River Meeting, Delta Town Hall,
- 12Reservations due for Douglas County HCE Craft Day
- 16HAPPY EASTER!
- 18Bookworms™ White River (Guest Reader)
- 22Douglas County HCE Craft Day, Mission Covenant Church—Poplar, WI
- 23Scholarship Breakfast, White River, Delta Town Hall—8am—Noon
- 24HCE Executive Board Meeting - 10am - Rustic Roost, Iron River
- 27Northwest District Spring HCE Meeting—Lion's Center—Stone Lake, WI

May

- 1Blood Mobile– Cable Community Center—12:30—6:30 pm
- 3.....Cable HCE Meeting;
- 7HAPPY MOTHERS DAY!
- 8Bookworms™ Cable
- 9Bookworms™ White River
- 10White River HCE Meeting
- 11HCE Achievement Day - St. Michael's Catholic Church, Iron River, WI
- 11Native Orchids– Free—Northern Great Lakes Visitor Center—6pm
- 22HCE Executive Board meeting - 10 am - Rustic Roost, Iron River
- 29Memorial Day Observed (courthouse closed)



Bayfield County Home & Community Education, Inc.



Achievement Day
May 11, 2017

St. Michael Catholic Church—Iron River

10 – 10:30am Registration; Check-in Cultural Arts Entries
 10:30 – 11:00am Business Meeting
 11:00-12:00 Program– Master Gardening Speaker TBA
 12:00 – 12:45pm Lunch
 12:45-1:00 pm Awards
 1:00 pm Craft—Card Party
 2pmAdjourn



Fee..... \$9.00
 (includes registration & lunch)

REGISTRATION DEADLINE: May 1
 Call Elaine Adams: 715-798-3080

Attention all HCE Members!

Start or finish, just get 'er done! I'm referring to all those special cultural arts projects that will be judged **May 11th**. Entry form enclosed. *Glory Bizub, White River HCE*

**RED CROSS
BLOODMOBILE!**



Cable Area HCE will be hosting the blood drive on **May 1st 2017** at the **Cable Community Center from 12:30 until 6:30**. The Cable Area ladies will provide refreshments for the donors, as well as serving lunch for the Red Cross workers.

-Submitted by Karen Scheibe
 Cable Club President

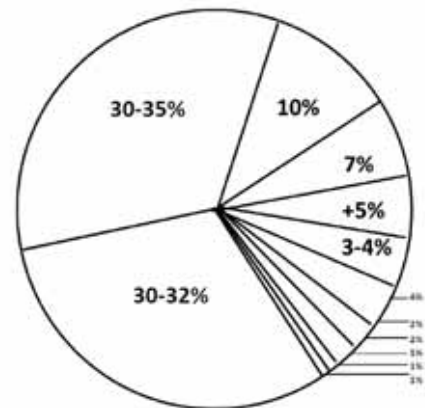


Lesson Day Cancer Clear & Simple

Lesson Day was given by Liz Lexau on March 9 at Delta Town Hall on the topic of cancer. We learned of cancer risks and things we can do to help prevent it. Diet, lack of exercise, being overweight, family history and tobacco are among the risks. We can change some of these to help lower risk. We also learned that Bayfield County has a higher than average rate of cancer. This lesson was from *Cancer Clear & Simple*, a program that is part of a partnership between UW Carbone Cancer Center's Cancer Health Disparities Initiative (CHDI) and UW-Extension. We thank Liz for a very informative and interesting lesson and Glory for the delicious refreshments. - **Faith Hedges**

Cancer Risk Factors: Test Your Knowledge Number the following cancer risk factors in order of greatest to least percentage of risk. (#1 being largest percentage of risk; 12 = lowest)

- _____ Sunlight (UV)
- _____ Other Radiation (medical, environmental)
- _____ Industrial Occupations
- _____ Family History
- _____ Tobacco
- _____ Alcohol
- _____ Sexual Practices
- _____ Viruses & Infection
- _____ Diet, exercise, weight
- _____ Food Additives
- _____ Environmental Pollution
- _____ Other



(answers p. 9)



2017 WAHCE State Conference "Here Comes Excitement in the Dells"

Southwest District HCE invites all HCE members and their friends to attend the 2017 WAHCE Annual Conference in Wisconsin Dells at the Glacier Canyon Lodge (part of the Wilderness Resort). Mark the dates of September 11-13, 2017, to attend this conference. Tours and workshops are being planned with education and excitement in mind.

It's not too early to reserve your hotel rooms. Reservations can be made by calling 800-867-9453 and tell them you are with the 2017 WAHCE Conference at the Glacier Canyon Lodge, room block # 539355.

Room rates are \$99.99 per room (double queen for 1-4 people) or \$139.99 for a two bedroom deluxe up to 7 people). They will charge your credit card for one night when you make your reservation. The room block will be released on August 11th. Contact the Conference Co-Chairs questions Donna Kohnke, N6664 Kohnke Drive, Cambria, WI 53923 or by email: kohnke@centurytel.net

or Sylvia Kriegl, E12581 Highway 33, Baraboo, WI 53913 or by e-mail: skpolka@yahoo.com

Scholarship Opportunities

Memorial Leadership Scholarship (\$200)

This scholarship is available to WAHCE members only for registration to a leadership program. The member may use the scholarship for leadership opportunities attended during the previous years and / or to upcoming leadership opportunities- including WAHCE State Conference. The application should include a copy of leadership opportunity attended and /or registration for the current year WAHCE State Conference. The application is due June 30.

Ardith McDowell International Scholarship (\$250)

This scholarship is available to WAHCE MEMBERS only, for travel to a WAHCE supported international project, including attendance at NVON or CWC Conferences or ACWW Triennial. It may be received only once every three years, and is to be used for travel expenses. The application is due June 1, 2017 to the Scholarship Chair.

Applications for both scholarships are in the WAHCE web site: www.wahceinc.org. Please send these applications to the scholarship chair :

Lylene Scholz, 2017 Scholarship Chair
2207 Virginia Drive, Manitowoc, WI 54220

White River Hosts Soup & Salad Dinner

White River hosted the 3rd Annual Soup and Salad Dinner on March 15. The group served eight different soups and many salads, homemade breads and desserts, all wonderfully delicious.

Funds go to scholarships for local students.

Thanks to all that donated and worked and thanks to friends and neighbors who came and enjoyed the fund-raiser dinner.

-Glory Bizub



Save the Date!

Saturday, April 22 - 9:30am

HCE CRAFT DAY

Mission Covenant Church, Poplar

See insert

Registrations due: April 12

On the Move and in the Groove
February 28 to May 27, 2017

Family and Community Life will again be focusing on exercise as a county-wide activity. Any activity between February 28th and May 27th, 2017 can be counted. This includes walking, biking, gardening, cleaning, painting, swimming, hiking, etc. Each 20 minutes equals 1 point. For example, one hour equals 3 points. Please report total points to Glory Bizub by the end of May using the form enclosed. Local numbers will be sent to the WAHCE to be compiled and totals will be ready for the WAHCE State Convention in Eau Claire, September 11—13, 2017.



Wisconsin Association for Home and
Community Education, Inc*

On the Move and in the Groove (individual)
February 26 to May 27, 2017

Get moving with HCE members from across the State. Record 1 point for each 20 minutes of activity. For example: 1 hour = 3 points. Give this report to your County Coordinator who will complete the County Combined Report.

Name of County: _____

Individual: _____

Dates	Sun.	Mon.	Tues.	Weds.	Thurs.	Fri.	Sat.	TOTAL WEEK	RUNNING TOTAL
Feb 26 March 4									
March 5-11									
March 12-18									
March 19-25 March 26 April 1									
April 2-8									
April 9-15									
April 16-22									
April 23-29									
April 30 May 6									
May 7-13									
May 14-20									
May 21-27									
								TOTAL POINTS	

Bayfield County HCE Member of the Year Nomination Form

Year _____

Name of Nominee _____

Club _____ Years in Organization _____

Club Contributions and Leadership Role: _____

County HCE Contributions/Leadership: _____

District HCE Contributions/Leadership: _____

State HCE Contributions/Leadership: _____

Community Contributions (Town/county/state government; volunteerism; other)

Other Significant Contributions/Accomplishments: _____

Recommendation for this award has been made by the following person(s): _____

Return by April 1 to: Bayfield County Extension Office
Attn: HCE
Courthouse, PO Box 218
Washburn, WI 54891



HCE NW District Spring Meeting

April 27, 2017 - Stone Lake, WI



Location: Stone Lake Lions Club
On Main & Frost
Stone Lake, WI 54876

Directions: Take Hwy. 53 To Hwy. 70; Turn EAST and Follow Hwy 70 To Stone Lake. In "DOWNTOWN" Stone Lake, go 2 Blocks up the hill on Main Street to the Lions Club.

Parking: This is available around the Hall or turn right to the Wesleyan Church Parking Lot. Use Main Entrance off Frost Avenue.

Registration: **\$10.00 - Includes lunch and morning coffee**
Registration begins at **9:30 am** and meeting begins at **10:00 am**

Registration due by April 15th



Guest speaker will be: from the Master Gardeners Program.

REGISTRATION FORM

I will be attending the NW District meeting on April 27, 2017 in Sawyer County.

The registration fee of \$10, which includes Lunch, is enclosed.

Name _____

Address: _____

City _____ State _____ Zip _____

Phone: _____

E-mail (Optional) _____

County _____ Amount Enclosed: _____

Hosted by Sawyer County

Send completed form and payment by April 15 to:

Evelyn Barton
16058 W State Road 27/70
Stone Lake, WI 54867

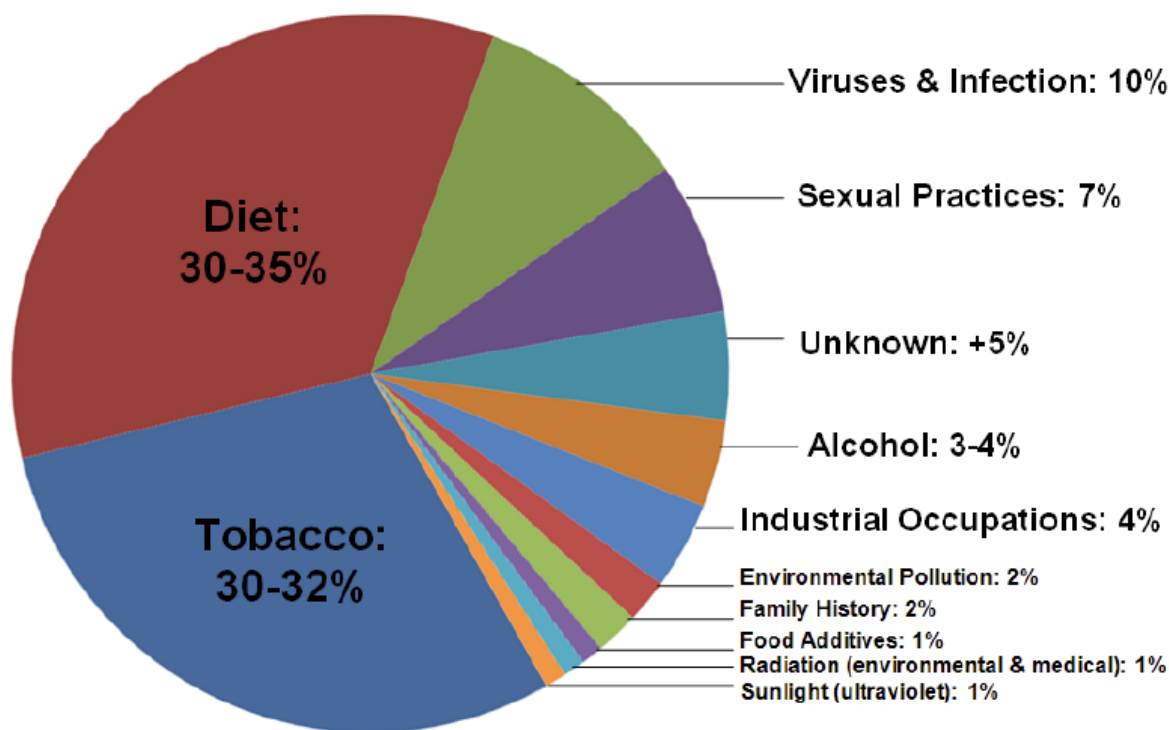


See you there!



Answers: Cancer Risk Factors While we can't control all cancer risk (like the 2% of risk that comes from family history), there are many choices we can make to substantially lower risk of developing cancer. Below is a chart showing the percentage of risk from a variety of factors. Research shows that over 60% of cancers may be preventable through avoiding tobacco and making healthy choices when it comes to diet, exercise and weight control. Learn more at the National Cancer Institute www.cancer.gov

National Cancer Risk Factors



Source: Cancer Clear & Simple

Living Well With Chronic Conditions Cable Community Center Tuesdays, May 9-June 13, 2017 9:30 a.m.—12:00 noon

Chronic diseases such as diabetes, arthritis, and heart disease are among the most common of all adult health problems in the U.S. Having a chronic condition can make life a challenge but you can learn to live well. Living Well with Chronic Conditions workshops will help you discover practical ways to live better and healthier.

Join Living Well with Chronic Conditions to:

- find practical ways to deal with pain and fatigue
- discover better nutrition and exercise choices
- understand new treatment options
- learn better ways to talk with your doctor and family about your health.
- get the support you need

If you are an adult with conditions such as diabetes, arthritis, high blood pressure, heart disease, chronic pain or anxiety, Living Well with Chronic Conditions can help you take charge of your life. The workshop is conducted over six sessions by trained leaders with health conditions themselves, meeting weekly for two and one-half (2½) hours per session. The overall goal is to enable participants to build self-confidence to assume an active role in maintaining their health and managing their chronic health conditions.

To register, call RSVP in Ashland : 715-292-6400 ext 2 by May 2nd

For more information on workshops in your town, call the Bayfield County Health Dept. 715-373-6109 ext 273



Bayfield County HCE Executive Board Meeting Minutes

Note: All Bayfield County HCE members welcome. Next meeting March 27, 10:00 am. Rustic Roost

February 20, 2017

President Glory Bizub called the HCE meeting to order. The Creed was recited. Roll call: 4 members in attendance, no FLA present. No recent secretary's report, or treasurers report.

Old business: Baby basket photo was in The last Newsbrief.

Bookworms™ books were gathered to go in the County Fair exhibit, this August.

New business:

- ♦ **March 9:** Lesson Day, at Delta Town Hall, White River HCE is hosting
- ♦ **March 15:** soup & salad fund raiser at Delta Town Hall—4:30-7:00pm
- ♦ **April 27:** NW District meeting, Stone Lake Lions Club. Registration in Newsbrief
- ♦ **April 22:** Douglas County Craft day, Mission Covenant Church, Popular, WI
- ♦ **May 17:** Achievement Day, St, Michael Catholic Church, Iron River, WI

Possible topics for achievement day: Elderly vaccines. Homemaker of the year.

A get well card was sent to our member Liala.

Minerva demonstrated how they decorated an egg in Nicaragua.

Faith is planning a Bookworms™ booth at the fair. Each club is taking four books and creating a scene from them for the exhibit. A project from each club will be shown, letting people know what we are doing to give books to children for their own home library.

Update and the Newsbrief will have information for the State Conference: **September 10-13, 2017**, at Glacier Canyon Lodge, Lake Dalton, WI. Newsbrief will be done by Cable Area HCE.

We adjourned. The Homemakers' Prayer was recited. *Faith made a motion and Glory seconded, motion passed.*

Sincerely submitted
Secretary Karen Scheibe



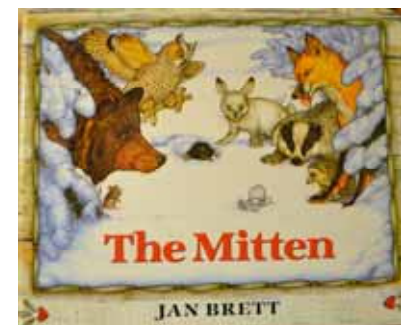
Bookworms™: Cable Ladies visit Drummond School

By Donna Pinter & Faith Hedges

What a fun time we had reading “The Mitten” to 4-year-olds at the Drummond School. The children loved the story (And so did the ladies that read it to them.) “The Mitten” is about a boy who lost his mitten and the animals in the woods who found it and moved into it. Later Miss Bonney read the story out loud and the children acted it out. Miss Bonney made an outline of the mitten on the floor and the children were each assigned an animal. A sheet was used to cover the children as they

hopped, jumped, and crawled into the Mitten. Each child took part in the story and loved every minute of it. Actually they did it twice! Fun was had by all.

The Bookworm ladies will prepare a booth at the Bayfield County Fair, to display and show the books of this year.



THE "GOLDEN YEARS"

Thoughts
about getting older:

By Nova Kane

Getting older should not be called the "golden years". Your hair turns grey or white.

Your body slows and aches. Your mind goes on a long vacation.

You can tell I live over half of the year in northern Wisconsin. When my cell phone rings here in Arizona, I answer it by pushing the wrong button, which shuts off the call. At our WI home we can't get cell service.



Thank goodness for pill boxes.

They help you keep track of the day of the week.

Sometimes I stop and think--I have a kid in her 50's. How can that be?

I think the worst thing about getting older is cooking.

Think how many meals I have planned and cooked. I've been married over 54 years plus I was the cook for my sorority house to pay for my dues. How I enjoy my husband suggesting a menu for supper. Or better yet, offer to grill something, or better yet, suggest we go out. What



I really like is going out for lunch to our favorite pizza place in Arizona. I get a large slice of pizza and an iced tea for \$2.75. This

means we both eat for \$5.50. Then we have a light supper such as an omelet.

I think back to my mother and grandmother, and see myself in them. My mother was 69 when she died. I'm way past that now. My grandmother lived to be 100, and only the last five years were in a nursing home. Can I do that? I wonder what that would be like! Only time will tell.

By Glory Bizub

Remember when we could multi task like crazy and get it all done, and most of all remember what we did? Well... That's gone.

Now I have to concentrate on every task I do, because later on I don't remember if I did it. It's just a silly flaw in my busy day.

Most of all the body doesn't respond as fast, especially the arthritic fingers. I have to pick up things more than once, and when did a sheet of paper become unfriendly and keep dodging my reach. That's the worst for me. Redoing a reach, till sometimes I just leave it and say I'll catch you later, when you're not looking.

Oh well, with many prayers to God, I'm learning to cope with my new, old life. I hope to enjoy these Golden years for many years to come...Did I say Golden??



Wisconsin Association for Home & Community Education, Inc.
Cultural Arts Show & Contest - 2017
Categories



1. Painting/Drawing

Framed or Wrapped. If bringing an easel for your painting or drawing, securely tape a label with name, district and county.

- A. Oil
- B. Acrylic
- C. Water Color
- D. Other

2. Photography

Photograph must be 8" x 10", unmatted only, in 8½" x 11" plastic sleeve with a tag board or cardboard behind the photo. Framed photographs be disqualified.

- A. Color—Landscape
- B. Color—Waterscape
- C. Color—Plants
- D. Color—Animals/Creatures
- E. Color—People
- F. Color—Skyscape
- G. Black and White
- H. Other

3. Sewing

- A. Children's Wear
- B. Adult Wear
- C. Original Design
- D. Wearable Art
- E. Useful Sewn Item
- F. Purse or Tote
- G. Pillow
- H. Sewn item made from recycled materials
- I. Wearable Accessory (apron, scarf, hat, etc.)
- J. Other

4. Knitting

- A. Wearable Item
- B. Afghan
- C. Other

5. Crocheting

- A. Wearable Item
- B. Doily/Dresser Scarf
- C. Afghan
- D. Other

6. Hand Stitching

- A. Plastic Canvas
- B. Embroidery
- C. Counted Cross Stitch
- D. Other

7. Craft

Six (6) Cards without envelopes MUST be mounted as a group on a flat sturdy display board no larger than 14" x 22".

- A. Cards—paper only-6
- B. Cards—mixed media-6
- C. Scrapbooking
- D. Craft made from recycled materials
- E. Handcrafted doll/toy
- F. Glass craft
- G. Other

8. Heritage Skill

- A. Hardanger
- B. Tatting
- C. Woodworking
- D. Basketry
- E. Spinning/Weaving
- F. Felting
- G. Swedish Weaving
- H. Rug Making
- I. Original published book
- J. Other

9. Bed Quilt

Larger than 60" x 80" or 4,800 sq inches

- A. Tied
- B. Hand quilted
Machine Quilted by You:
- C. Pieced
- D. Appliqued
- E. Embroidered
Machine Quilted Professionally:
- F. Pieced
- G. Appliqued
- H. Embroidered
- I. Any other Bed Quilt

10. Lap/Baby Quilt

Smaller than 60" x 80" or 4,800 sq inches

- A. Tied
- B. Hand-quilted
Machine Quilted By You
- C. Pieced
- D. Appliqued
- E. Embroidered
Machine Quilted Professionally
- F. Pieced
- G. Appliqued
- H. Embroidered
- I. Any other lap quilt

11. Quilted Wall

Hanging (with hanging sleeve, NO frame) -- One (1) item only no longer than 50 inches

- A. Hand Quilted, fabric
- B. Machine Quilted, fabric
- C. Other i.e., - collage of assembled materials or mixed media

12. Table Topper/Runner

- A. Hand Quilted
- B. Machine Quilted
- C. Other

13. Jewelry

- A. Bracelet
- B. Necklace
- C. Other

14. Constructed Original Item

- A. Clay/Pottery
- B. Wood
- C. Other

15. Painted Object

- A. China
- B. Glass
- C. Fabric
- D. Wood
- E. Other

Poem, Essay, Short Story/Play

Three copies, typed on plain paper with 12 point font, must accompany the registration forms. Entries must not be framed or in book form. Staple a cover sheet with the category/title which is to be centered on the entry. Name and county should appear on the back side. Do not count "a", "an", and "the" for either essays or short stories.

16. Poem

17. Essay

Original, 1 topic; 250-500 words

18. Short Story/Play

*Original with beginning, middle and end
3,000 words or less*

19. Bonus Category – "Three Cheers for Team HCE!"

The Fun Category

Limit of one entry per county. Create a display of your choice.

You may use any media to construct your entry

Size restriction - base no larger than 10"x10" with maximum height of 20"

Judging - those attending will vote for their favorite "Three Cheers" entry

Have Fun!!!

STATE REGISTRATIONS DUE BY AUGUST 1, 2017

**Wisconsin Association for Home & Community Education, Inc.
Cultural & Textile Arts Show
2017 Guidelines for County Chairs**



ALL items, including Bonus Category, must be pre-registered. Registration is due August 1, 2017. Any items NOT pre-registered will NOT be judged or displayed. Only one entry on each registration form. Send all forms together immediately after county show. A County may enter a total of 12 entries plus one Bonus Category 19. A county cannot have duplicate entries in any lettered sub-category. The County Cultural Arts Chair must include a self-addressed postcard or email address to verify receipt of registration forms. If you do not receive verification within three weeks, please call or email the WAHCE Cultural Arts Chair.

IMPORTANT: All entrants **MUST** sign the Registration form. Please read and sign below; entries will NOT be accepted if unsigned. Entrants will not hold WAHCE responsible for any loss or damage to any item submitted for use in the WAHCE Cultural Arts Show. Entrants give permission for their photo, photos of their entry, and/or print copies of their written entry to be used by WAHCE as seen fit.

All work must be done by entrant and completed after last year's show. It must receive a first place at this year's county show or fair. All items must be clean or laundered or will be disqualified by the judge. Kits and patterns may be used as long as entrant does all the work.

Color Coding of Registration Forms by Districts:

Central – White
Southeast – Green

Northeast – Yellow
Southwest – Orange

Northwest – Light Blue
West – Pink

Entry Day: Deliver items Sunday (9/10/17) from 6:30-8PM or Monday (9/11/17) 9-11:30 am. Judging will begin at 12:30PM. Members may view the show for one hour after the Monday evening activity and during the day Tuesday. Hours on Tuesday for viewing will be announced or posted. Pickup times will be posted.

Send registration and written entries to: **Linda Sutherland**
1594 5th Avenue
Star Prairie, WI 54026

715 248-7279
tagalongacres@yahoo.com

Contact Linda with any cultural arts questions.

Cut on the dotted line and send in the **SIGNED** completed Registration Form and Claim Check with both parts filled out. You will receive your Claim Check when you bring in the items.

Registration Form

Category/Class (example 2D) _____
County _____ District _____
Name _____
Address _____
City/Zip _____
E-mail _____
Phone # _____
Title or Description _____
Are you bringing an easel? Y or N

Claim Check

Category/Class (example 2D) _____
County _____ District _____
Name _____
Address _____
City/Zip _____
E-mail _____
Phone # _____
Title or Description _____
Are you bringing an easel? Y or N

Peoples' Choice # (Official use only) _____

Please read and sign: Entries will NOT be accepted if unsigned. Entrant will not hold WAHCE responsible for any loss or damage to any item submitted for use in the WAHCE Cultural Arts Show. Entrant gives permission for their photo, photos of their entry, and/or print copies of their written entry to be used by WAHCE as seen fit.

Name (printed) _____ County _____

Signature: _____ Date: _____



2017 HCE Craft Day

Saturday, April 22, 2017 – Mission Covenant Church
Registration: 9:30 a.m. Classes from 10:00 am ~ 3:00 pm
Registration fee: \$5.00, includes salad luncheon

Registration deadline: April 12



Name: _____

Address: _____

City, state, zip: _____

Phone: _____ Email address: _____

choice		<u>Morning Classes</u>
	M1	Five Fabulous Cards
	M2	Painting Blossoms w/Alcohol Ink
	M3	Deco Mesh Wreath
	M4	Zentanlge ®
	M5	Hydrangea Painting

choice		<u>Afternoon Classes</u>
	A1	Five Fabulous Cards
	A2	Painting Blossoms w/Alcohol Ink
	A3	Deco Mesh Wreath
	A4	Elephant Ceramic Bank
	A5	Hydrangea Painting
	A6	Genealogy

Please mark first and second choices for morning and afternoon classes.

Make check payable to: **Douglas County HCE**

Mail check and registration form to: **Donna Bergsten, PO Box 315, Poplar, WI 54864**

***Only mail your \$5.00 registration fee to above address,
class fees will be collected in each class.***

Dear HCE Members:

Please note location change: [Mission Covenant Church in Poplar](#)

Because we are at a larger facility this year, we are advertising this event to the church members. We may get several members from the church who are interested in our Craft Day and hopefully membership. With the possibility of more attendees and class sizes, you may want to get your registration in early. We will be watching the class sizes and deadline very carefully. Please, also mark your first and second choices, we will do our best to get you in a class that you want.

Town and Country HCE Members

2017 HCE Craft Day

Saturday, April 22, 2017 – Mission Covenant Church

Registration: 9:30 a.m. AM Class 10 – 12 Lunch 12 – 1 PM Class 1 – 3

Registration fee: \$5.00, includes salad luncheon

Registration deadline: April 12

Morning Classes:

M1 - Five Fabulous Cards ~ Class fee \$15

Teacher: Susan Pagnucci

Come make five really unusual and beautiful cards--and gain patterns and ideas, especially for using old photographs. We'll have a great time! (2 samples at right and at bottom of page) Bring a good pair of scissors. [class size: 1-8]



M2 - Painting Blossoms with Alcohol Ink ~ Class fee \$10

Teacher: Jo Mersnik

Learn to paint "blossoms" with alcohol ink. Take home your favorite painting matted and ready to frame. All supplies provided. [class size: 4-8]



M3 - Deco Mesh Wreath ~ Class fee: \$5

Teacher: Marie Lundberg

Bring a 16" wire wreath ring, 1 or 2 rolls deco mesh 21x30, roll of ribbon to match the design you choose (4th of July, Mother's Day, or to match any decor), decorations, hot glue gun and sticks, scissors. [class size: 1-15]



M4 - Zentangle® Pattern Drawing ~ Class fee: \$15

Teacher: Esther Piszczek

Anyone can create beautiful, intricate line patterns "one stroke at a time" using the Zentangle® method of pattern drawing. Come create beautiful art on 3.5" x 3.5" paper tile using pen and ink. No previous drawing experience necessary. Relaxation is a common side effect. See www.zentangle.com for more information about this beautiful art form. Esther is a certified Zentangle® teacher. [class size: 5-15]



M5 - Hydrangea Painting ~ Class fee: \$10

Teacher: Cecelia Zambori

Will teach you how to paint the hydrangea in acrylics and you can choose if you want to paint them in a clay pot or and jar. All supplies provided. [class size: 5-20]



Afternoon Classes:

A1 - Five Fabulous Cards ~ Class fee \$15

Teacher: Susan Pagnucci

Same as M1

A2 - Painting Blossoms with Alcohol Ink ~ Class fee \$10

Teacher: Jo Mersnik

Same as M2

A3 - Deco Mesh Wreath ~ Class fee: \$5

Teacher: Marie Lundberg

Same as M3

A4 - Elephant Ceramic Bank ~ Class fee: \$9

Teacher: Glory Bizub

Cute ceramic bank 7 inches by 6 inches, including trunk. [class size: 1-10]



A5 - Hydrangea Painting ~ Class fee: \$10

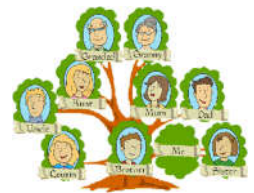
Teacher: Cecelia Zambori

Same as M5

A6 - Genealogy ~ Class fee: free

Teacher: Donna Bergsten

Come explore how to start your family genealogy and some ways and places to look for relatives. [class size: unlimited]



HCE Newsbrief

University of Wisconsin-Extension
Bayfield County Office
Courthouse, P.O. Box 218
Washburn, WI 54891

Check us out on the web! <http://bayfield.uwex.edu/>

HCE Newsbrief

An HCE Communication for Bayfield County Members

Editor: Liz Lexau
Bayfield County Family Living Educator

Design & Layout: Theresa LaChappelle
Office Manager



"An EEO/AA employer, University of Wisconsin Extension provides equal opportunities in employment and programming, including Title IX and the Americans with Disabilities Act (ADA) requirements."

UW
Extension
University of Wisconsin-Extension

715-373-6104
711 for Wisconsin Relay (TDD)

Liz Lexau
Family Living Educator

Jason Fischbach
Agriculture Agent

Matt Cogger
Horticulture Educator

Ian Meeker
4-H Youth Development Educator

Donna Ganson
4-H Program Assistant &
FoodWise Nutrition Educator

Tim Kane
Community Development Educator

Support Staff:
Theresa LaChappelle
Office Manager

Jenna Galligan
Support Staff