

Why Education?

Co-parenting families have a unique set of challenges. They also have opportunities to build strength and resilience.

Family transition can be tough. For parents, it may mean transition through divorce or separation. For children it may mean adjusting to new arrangements, moving between households, or living with a single parent or another caregiver. Sadness and anger can be normal during this time. However, with support, children can thrive.



One thing is clear: ongoing conflict between parents after separation or divorce is not healthy for children and is associated with poor outcomes.

There are many ways parents can reduce conflict and support children through tough times.

You can find ways to co-parent effectively and help your children transition toward a healthy future.

Caught in the Middle:

Common situations when children feel caught in the middle:

- Carrying messages to the other parent
- Loyalty conflicts caused by “put downs” of the other parent
- Dealing with money matters
- Being quizzed about the other parent’s life

How to Schedule

Participants must register directly with UW– Extension.

**ASHLAND COUNTY RESIDENTS CALL:
(715) 682-7017**

**BAYFIELD COUNTY RESIDENTS CALL:
(715) 373-6104**

711 for WI Relay (TDD)

If you are required to take this class related to a divorce or mediation, the class must be completed prior to your final divorce hearing or mediation session.

Instructor permission is required for both co-parents to attend the same session. Both must agree that attending together is in the best interest of their children and will enhance their learning.

Important: Registration is not complete if not made through UW-Extension, even if payment has been made. Registered students will be contacted in the event of a schedule change or class cancellation.

Payment Information

Fee: \$25 per parent. Cash, checks or money orders will be accepted in advance or at time of class. Make checks payable to: **Bayfield County UW-Extension**

(If paying in cash, please bring exact amount. We are not able to make change during class.)

Is there an online option?

An online program *Children In Between* (\$69.95) may be approved on a case-by-case basis. Contact the Clerk of Circuit Court in your county to request.

Successful Co-Parenting

Education for
Divorcing or Separated Parents

JANUARY– JUNE, 2018



UW
Extension
University of Wisconsin-Extension

An EEO/AA employer, University of Wisconsin-Extension provides equal opportunities in employment and programming, including Title VI, Title IX, and the Americans with Disabilities Act (ADA) requirements.

2018 JANUARY-JUNE SCHEDULE

Successful Co-Parenting

Month	Date	Day	Time	Location
January	16	Tuesday	5:00-8:00 pm	Ashland County Courthouse
February	15	Thursday	1:00-4:00	Red Cliff Health Center
March	12	Monday	3:00-6:00pm	Ashland County Courthouse
April	9	Monday	Noon-3:00	Bayfield County Courthouse
May	10	Thursday	3:00-6:00pm	Ashland County Courthouse
June	5	Tuesday	5:00-8:00 pm	Bayfield County Courthouse

Locations:

Ashland County Courthouse,
201 West Main Street, Ashland
Third Floor - Jury Room No. 1
(Enter from north entrance)

Bayfield County Courthouse,
117 East Fifth Street, Washburn
Lower Level - Conference Room B,
(Follow posted signs to class location)

Red Cliff Community Health Center
36745 Aiken Road, Red Cliff
Community Room

*"This class was very helpful in understanding communication with co-parenting."
— Parent participant*

*"Makes you aware of things that can and will come up and how to deal with them without emotionally upsetting the children."
— Parent participant*



Instructors:

Heidi Ungrodt
Family Living Educator
Ashland County

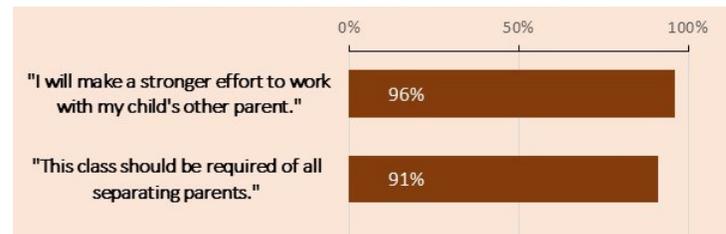
Elizabeth Lexau
Family Living Educator
Bayfield County

Parents will...

- Become aware of the impact family conflict can have on children.
- Learn ways to support their children during difficult times.
- Develop and practice new skills for positive interactions with their ex-partner.
- Understand the importance of managing their own stress to better support their children.



Parents who have taken the class say...



Ashland & Bayfield County participants 2014-2017

*"Excellent program. Opened my eyes to my kids' point of view and the importance of a joint effort for my kids' benefit."
—Parent participant*



Parents consistently report that they find the class more useful than other sources of information related to co-parenting, including friends, relatives, books and the Internet.